

Join the Friends of Stonehurst, Healthy Waltham, the Waltham Land Trust, and the City of Waltham for a *Let's Move Waltham!* community event:

LET'S  
MOVE  
Waltham



# Waltham Walks at Stonehurst

Sunday, October 14, 2012

Noon – 4:00 pm; FREE!



**Explore** the forests, fields, rocks and hills of Stonehurst, the surrounding Storer Conservation Lands, and the new Western Greenway.



**Join us** for an afternoon of healthy **Halloween treat** alternatives, **mask making** from fallen leaves, **kids' activities**, guided and self-guided **tours** and more. Pack a lunch & blanket for a **picnic** on the grounds.

*Healthy snacks provided by Hannaford Supermarkets. Please bring a water bottle. Sturdy shoes recommended. Rain or shine.*

*Make your own leaf mask!*

## Guided tour schedule

**1:00 Kids' Walk, led by Stonehurst**

**2:00 Western Greenway Walk,  
led by the Waltham Land Trust**



Stonehurst, the Robert Treat Paine Estate, is located at 100 Robert Treat Paine Drive, off Beaver Street near Forest Street. At the Stonehurst sign, follow the driveway up the hill to the parking lot. Parking is also available at the High School. To reach Stonehurst from the High School, walk along the Bull Run trail.

Visit: [www.stonehurstwaltham.org](http://www.stonehurstwaltham.org), [www.healthy-waltham.org](http://www.healthy-waltham.org), [www.walthamlandtrust.org](http://www.walthamlandtrust.org).

The City of Waltham is a member of the "Let's Move" [www.letsmove.gov](http://www.letsmove.gov) and "Mass in Motion" [www.ma.gov/massinmotion](http://www.ma.gov/massinmotion) community. Both initiatives aim to promote wellness and prevent chronic diseases through healthy eating and active lifestyles.



STONEHURST

