

Waltham Walks Meetups

Take a walk, meet others, and get fit! Join a walking group in your neighborhood. Please check the Waltham Recreation Department website for the latest information regarding meetup dates and times: <https://www.city.waltham.ma.us/recreation-department> or the Healthy Waltham website, <http://www.healthy-waltham.org>.

Join us at one of these upcoming walks:

Walk Leader	Date	Time	Meetup Location
Ward 1, Dan Romard	Wednesday, June 6	6 PM	Veterans Field/Gann Academy, Forest St.
Ward 3, George Darcy	Sunday, June 10	10 AM	MetState Walk. Meet at McLaughlin Building, Metropolitan Parkway North.
Ward 4, John McLaughlin	Friday, June 8	6:30 PM	McCabe Playground, 90 Charlotte Rd.
Ward 5 Joey LaCava	Tuesdays, June 5, July 10, Aug 7	6 PM	Lowell Field by Spray Park, 190 Grove St.
Ward 7 Kristine Mackin	Sunday, May 27	1:30 PM	Bobby Connors Playground, 20 Sunnyside St.
	Saturday, June 9	10 AM	Bobby Connors Playground, 20 Sunnyside St.
	Wednesday, July 18	8:30 AM	Gosman Sports Center, Brandeis University, 415 South St.
	Wednesday, August 15	4 PM	Cedarwood Playground, 25 Intervale Rd.
Ward 8 Cathyann Harris	Saturday, June 9	10 AM	Parking lot of Watch Factory Lofts, 185 Crescent St.
At Large, Randy LeBlanc	Thursday, June 21	6:30 PM	Waltham Fields Community Farm, meet in front of 240 Beaver St.
Waltham Recreation Department & Healthy Waltham	Wednesday, May 23	5 PM	Waltham Common Gazebo
Waltham Public Library & Waltham Land Trust & Healthy Waltham	Tuesday, June 26	10 AM	Kennedy Middle School, 655 Lexington St. for a walk along the Greenway
Waltham Connections for Healthy Aging & Healthy Waltham	For Seniors - Monday, Wednesday & Thursday	10 AM	Bentley University Dana Athletic Center, 450 Beaver St. PLEASE NOTE: this summer we are walking Monday, Wednesday and Thursday (not Friday)

